

The WWC is the only organization that makes sure essential frozen meat products, dairy and fresh produce is transported weekly from the Lower Fairfield County Food Bank in Stamford to the Wilton Food Pantry at the Comstock Community Center. Volunteers are needed to pick up fresh and frozen food items every Monday or Tuesday morning. The time commitment is approximately two and a half hours.

To choose a time please visit the WWC website ([wiltonwomansclub.com](http://wiltonwomansclub.com)). Near the top, click on Events and then Upcoming Events in the dropdown box. Stock Food Pantry is an event. Click on the RSVP button and you will be transferred to the SignUpGenius to select your volunteer time. Note: 2022 calendar year is there so please scroll down to find the correct date. Food Pantry runs can be done by yourself or with a partner.

The Food Bank shopping hours for us are on Monday and/or Tuesday from 9:30 AM – 11:00 AM. All food must be delivered to the Food Pantry before NOON. Please note the Food Bank often is not ready for us with food unloaded from their suppliers until 10. If you do not see any frozen meat, ask the foreman to bring it out.

We are tasked with selecting and packing up 2 boxes of fresh produce and 2 boxes of frozen meats only.

#### **What to Expect at the Food Bank:**

- When you arrive, you need to check in with the office and tell them you are with the Wilton Women's Club picking up for the Wilton Food Pantry.
- They will give you a small slip of paper you will hand to the Foreman when checking out.
- Then select a cart and start searching for empty boxes to fill.
- Once you have filled your 4 boxes, the food needs to be weighed. Bring your cart to the foreman who will weigh your food and give you the receipt to bring back to the Wilton Food Pantry.

#### **Best Practices:**

- Do not bring back produce or dairy products past their expiration date (except frozen meat).
  - No expiration dates older than 1 month for the meats. Do not select and packages of frozen meat that have freezer burn or the packaging is "puffy" expanded looking.
- Do not bring back large size pieces of meat (e.g., whole turkeys) or gallon size containers of milk. The Wilton food pantry has limited space and want to serve as many people as possible.
- Do not pick up bread, pasta or canned items.
- Bring washable gloves for selecting frozen food (and possibly mushy produce, so your hands don't freeze!).
- Wear a jacket if chilly.
- Look for personal hygiene items in baskets near the offices.
- Do not take Trader Joes Products – there is no expiration date

The Lower Fairfield County Food Bank is located at **461 Glenbrook Road, Stamford**, about a 25-minute drive from town center.

The Wilton Food Pantry is located at Comstock Community Center. Entrance is on the side of the building.

**Contact info:**

WWC Coordinator: Liz Salguero: 203-984-8233

Wilton Food Pantry Contact: Lauren Hughes 203-613-2903